



ANNECY HAUTE SAVOIE ATHLÉTISME

## Regulation races

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## Art. 1: EVENT PROGRAM

The 2023 Annecy Lake Marathon and Duo Marathon edition is organized by Annecy Haute Savoie Athletics (AHSa) and will take place on April 16<sup>th</sup>, 2023

The 2023 Annecy Lake Half Marathon is organized by Annecy Haute Savoie Athletics (AHSa) and will take place on April 15<sup>th</sup>, 2023

The 2023 Annecy Lake 10KM edition is organized by Annecy Haute Savoie Athletics (AHSa) and will take place on April 16<sup>th</sup>, 2023

The 2023 Annecy Lake 5KM edition is organized by Annecy Haute Savoie Athletics (AHSa) and will take place on April 15<sup>th</sup>, 2023

The 2023 Annecy Lake Nordic Walk edition is organized by Annecy Haute Savoie Athletics (AHSa) and will take place on April 16<sup>th</sup>, 2023

The 2023 Youth race edition is organized by Annecy Haute Savoie Athlétisme (AHSa) and will take place on April 15<sup>th</sup>, 2023

## Art. 2: LOCATION

ATTENTION: Courses are being validated and will be disclosed shortly. As usual, courses will take place beside the lake. For 2022, contrary to 2021, courses will be FFA certified, only 5km will not be..

## Art. 3: PARTICIPANTS

The races are open to runners:

- Born before 2007 December 31, for the 5km
- Born before 2007 December 31, for the 10km
- Born before 2005 December 31, for the half marathon
- Born before 2003 December 31, for the marathon

## MEDICAL CERTIFICATE AND LICENSE

Any participation in a competition is subject to the mandatory presentation, by the participants to the organizer:

- An Athlé Compétition, Athlé Entreprise, Athlé Running license issued by the FFA, or a "Pass' J'aime Courir" issued by the FFA and completed by the doctor, valid on the date of the event. (Attention: other licenses issued by the FFA (Health, Management and Discovery) are not accepted);
- Or a sports license, valid on the date of the event, on which must appear, by any means, the non-contraindication to the practice of sport in competition, athletics in competition or running in competition and issued by one of the following federations:
  - Fédération des clubs de la défense (FCD),
  - Fédération française du sport adapté (FFSA),
  - Fédération française handisport (FFH),
  - Fédération sportive de la police nationale (FSPN),
  - Fédération sportive des ASPTT,
  - Fédération sportive et culturelle de France (FSCF),
  - Fédération sportive et gymnique du travail (FSGT),
  - Union française des œuvres laïques d'éducation physique (UFOLEP) ;













- Or a medical certificate of absence of contraindication to the practice of sport in competition or athletics in competition or running in competition, dating less than one year at the date of the competition, or its copy. No other document can be accepted as proof of possession of the medical certificate.  
It is imperative to attach it to the supporting documents when you register. No medical certificate in paper will be accepted.
- The attestation document for minors

Participants with foreign licenses will still have to provide a medical certificate, in English, mentioning the non-contraindication to the practice of running. This certificate may have been issued in their country of origin.

Please stay focus on the fight against virus. Behave responsibly.

#### Art. 4: REGISTRATIONS

Registration for the race opens on 26<sup>th</sup> November 2022, and will close on April 09 at midnight.

42KM195	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	70 €	75 €
21KM0975	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	40 €	42 €
5KM	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	12 €	13 €
42KM195 EN RELAIS	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	90 €	94 €
10KM	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	25 €	27 €
MARCHE	26/11→01/01	02/01→01/03	02/03→09/04
	DOSSARDS  BIBS 	25 €	27 €

Youth race:

- Free of charge

These registrations can be done directly online on the YAKA EVENTS website.

A bid will be interchangeable with the payment of a sum of a 5€

Depending on your race registration, you are allowed to receive:

- 1 T-shirt race 2023, or 1 pair of socks, or a head band
- A medal for the 2023 race (marathon and half marathon)
- A training the day before your race organized by our partner RUNMOTION
- Warm-up on the Pâquier on race day
- Chip timing
- Refuelling during races (depending on the race)
- Your personalized virtual Finisher diploma (name / time / ranking) downloadable
- Raffle on the drawing of race numbers with many quality prizes
- Many quality prizes for the podiums

#### PROJECT ECO RESPONSIBLE:

You will have, this year, the opportunity to help the environment through our races. You can decide to participate give 5% of your bib against your t-shirt, pair of socks, or head band.... Our project "BEES" is important to us and necessary for the planet. We will purchase beehives and make production of honey. The long-term objectives are to propose to our runners, high quality products using our honey.



**Project  
Eco Responsible**



**Purchase of beehives  
Honey production**  
100% made in France 



You will be offered extras:

- A "Pasta Party" the day before with a meal of local products and a concert: 15€.
  - New organisation
- A town tour on Saturday 2022 April 16 or Monday 2022 April 18 + tasting of local products: 25€.
  - In French and English.
  - BEST SELLER 2022

For further information please contact our team at the following address [events@ahsa-athletisme.com](mailto:events@ahsa-athletisme.com)

#### Art. 5: TIME BARRIERS

The time barrier is the cut-off time set by the organization to start from a point. It is a security element for:

- Taking runners out of the race
- Secure eliminated runners and organize their repatriation to the finish area

These barriers will be placed on all races.

#### Art. 6: BONUSES AND REWARDS

Only competitors present at the awards ceremony will be eligible for rewards and bonuses. Any scratch rider (male or female) who does not show up for these protocols would be considered to give up any reward.

#### Art. 7: ENVIRONNEMENT RESPECT

In order to respect the environment and the natural spaces crossed, it is strictly forbidden to leave waste (paper, plastic packaging, etc.) on the route.

Garbage cans will be available at each fuelling station and COLLECTION AREAS will be installed and marked at different points along the route. They must be used by the participants in the events. They will have to store the waste and packaging while waiting for the places indicated by the organization to get rid of it. The organisation is on its way to obtain an eco label.

#### Art. 8: DRONES

Participants are informed that on the day of the event, remotely piloted aircraft (drones) may be used for filming purposes.

The participants will be able to stand, during all or part of their participation in the event, at less than 30 meters from the aircrafts.

In the event of a major flight incident, an audible signal will alert nearby participants who will then have to move away from the aircraft.

#### Art. 9: RESTRICTION

The introduction on the site of the event of all objects likely to be dangerous or illegal, in particular drugs, firearms, blunt objects and explosive materials is strictly prohibited.

To access the site and to participate in the event, the participant expressly acknowledges and accepts that the organizer then calls upon security personnel who will be empowered to control both the persons and their personal effects. Any person wishing to access the site agrees to submit to this control. In case of refusal the person will not be allowed to access the site.



#### Art. 10: INSURANCE

As part of the organization of the race, AHSA has taken out, in accordance with the legislation in force, an insurance covering the financial consequences of its civil liability, that of its employees and of all participants in the youth race. Regarding the liability of the participants, the intervention of this insurance for the latter is limited to the accidents that they could cause during the sporting event.

At the same time, participants are advised to take out insurance guaranteeing the payment of a capital in case of personal injury (death or permanent disability) due to an accident occurring on the race route. Compensation, depending on the damage and the limits of the guarantees chosen, occurs when the insured is the victim of an accident during his participation in the sports event. This insurance is optional but highly recommended. It may be taken out in addition to or in the absence of insurance of the same type held through a sports licence.

Finally, the organizer declines all responsibility in case of damage (theft, breakage, loss, etc.) suffered by the personal property of the participants. Participants will therefore not be able to turn against the organizer for any damage to their equipment.

#### Art. 11: PRE-RACE

The bibs awarding and participant packs will take place on 14<sup>th</sup> April 2023 in village site until the day of the races . An email will be sent to all participants to let them know where and when to withdraw.

The presentation of the following documents will be required:

- ID
- Charged with registration.

No bibs can be removed at any other time.

#### Art. 12: RACE PROGRESS

Saturday 15<sup>th</sup> April will take place at 8:15 the parasport half marathon, at 8:30 the half marathon and at 14h youth races. Sunday 16<sup>th</sup> April will take place at 8:15 the parasport marathon, at 8:30 the marathon, at 9:30 the 10km and at 9:30 the Nordic walk. The races will take place on pedestrian and bicycle routes. Refuelling is planned at 5km for the 10km. All start times will be confirmed by email or SMS minimum 2 weeks before the official start.

The trash must be placed in the bins available on the route. It is forbidden to throw waste on the course under penalty of disqualification.

The route is marked, and a mileage mark will be visible every kilometre. The use of headphones and telephone is not recommended. Their use is your responsibility. The participants undertake not to use any assistance on the course (cycling, rollerblades, etc.) The bib must remain visible throughout the course and until the crossing of the finish line. The loss of the bib on the course is eliminatory. Any anti-sports behaviour found or detected will result in disqualification.

A snack will be given on arrival



#### Art. 13: SECURITY

The event security will be ensured throughout the event.

Security on the route will be provided jointly by volunteer signallers and members of the municipal police as well as security officers on the Pâquier Village.

The finish is strictly reserved for runners registered in the race. NO accompanying person or child will be accepted to pass the finish.

A principal medical point is planned at the finish of the race with Doctors and Rescuers. Different medical points will be also planned on the course on strategic points.

#### Art. 14: RESULTS

Results will be fully communicated upon arrival of the race **if COVID measures allow**. They will also be available on the event website and on social networks. They will also be communicated to you personally after the race.

#### Art. 15: TIMING AND TIME LIST

The timing of the race will be displayed at the finish and mid-course.

#### Art. 16: RANKING

Several categories will be ranked on those races:

- aMen Scratch Homme
- Women Scratch Femme
- Age categories (Men / Women)

#### Art. 17: IMAGE RIGHTS

By participating in Annecy Lake 2022 Races, each participant expressly authorises the organizer, its rights holders or assigns to fix and reproduce, on any medium and by any means, and consequently to reproduce and represent, without remuneration of any kind, its name, voice, image, and more generally its sporting performance in the context of the Trial, in any form, on any existing or future support, in any format, for any communication to the public throughout the world, for any use, including for advertising and/or commercial purposes, and for the duration of the current copyright protection provided by law or regulation, judicial and/or arbitral decisions of any country and current or future international conventions, including any extensions that may be made to this term. Each participant expressly and irrevocably authorises the organizer, its assigns, in order to meet the requirements of advertising, promotional and/or commercial campaigns to 1) make any modification, addition, deletion, that it will deem useful for the exploitation of its image under the conditions defined above; 2) to associate and/or combine with its image, all signatures, hooks, slogans, legends, marks, distinctive signs, legal, visual and, generally any element of any kind chosen by the organiser, in particular to illustrate the communication media in which they are integrated. The participant guarantees not to be bound by any exclusive contract relating to the use of his image and/or his name and/or his voice. The organizer, his rights holders, his rights holders expressly forbid himself to use the name, voice or image of the participants in a medium of pornographic, racist, xenophobic, and more generally, prevent any exploitation that is detrimental to the dignity of the participants.



#### Art. 18: COMMUNICATION

By registering for the 2023 Annecy Lake Races, you agree to be contacted by AHSA in the framework of upcoming events to be organized.

#### Art. 19: MODIFICATION - POSTPONEMENT - CANCELLATION

If circumstances require, the Organizer reserves the right to change at any time the route, the position of the refuelling and chronometric points, to postpone the date and/or times of the Event, to stop the current Event, cancel it or set up a fallback route. Should the Event be cancelled for any reason beyond the control of the Organizer presenting the characteristics of force majeure as defined by Article 1218 of the Civil Code and by French jurisprudence, the latter may propose, depending on the circumstances, compensation such as the substitution of another Event organised by the Organiser, the postponement of the Event or the reimbursement of the race-bib price minus, where applicable, the application fee, excluding any other sum.

#### Art. 20: GDPR

In accordance with the French Data Protection Act of 6 January 1978, competitors have a right of access and restrictions to their personal data. Through the organiser, competitors may receive proposals from other companies or associations

#### Art. 21: COVID-19

Each participant has conscience of the impact of virus and particularly SARS Cov 2. He agrees to respect preventive daily measures.

#### Art. 22: REIMBURSEMENT POLICY

Annecy Haute Savoie Athlétisme has a strict reimbursement policy with following terms:

Reasons:

- Medical:
  - Provide a medical certificate of incapacity for the day of the race
  - Reimbursement with application of the Yaka platform base fee
- Race exchange:
  - If upgrade (ex: from 10km to half-marathon) → Pay the difference from your customer area. No extra charges
  - If downgrade (ex: from half-marathon to 10km) → Refund of the difference. No extra charges.



- Bib transfer:
  - Extra charges → 5€
- No longer interested in participating:
  - No refund possible without medical certificate

#### Art. 23: RULES ACCEPTANCE

By registering for the Annecy Lake races 2023, you acknowledge that you have taken note of these rules and agree to comply with them.